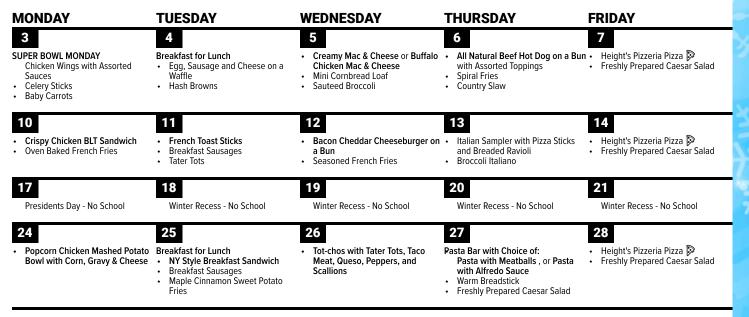


## February 2020

Hasbrouck Heights Middle/High Lunch

MSHS Price ListStudent Lunch: \$3.15Reduced Lunch: \$0.40Adult Lunch: \$3.65A La Carte SnacksFresh Fruit: \$0.75Baked Chips: \$0.75Fresh Baked Cookie: \$0.50BeveragesMilk: \$0.60Juice Cup: \$0.55Bottled Water - Small: \$0.65Bottled Water- Large: \$1.25Sparkling Juice: \$1.25Snapple: \$1.25



Fast & Fresh: Freshly Prepared Chicken Caesar Salad, Freshly Prepared Chef Salad, Crispy Chicken Salad

Mediterranean Bistro: Personal Pan Pizza

Great Grillers: Cheeseburger on a Bun, Crispy Chicken Sandwich, Philly Cheesesteak Hero, Chicken Tenders

Deli Central: Italian Sub, Turkey & Cheese Sandwich, Turkey Wrap , Grilled Chicken Sandwich

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info 6-12 Our well-balanced lunches available for the week, average between 600-850 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: hhschools.nutrislice.com/menu/hasbrouck-heights-middlehigh/lunch/ Layout, design & amp; code & amp;copy; Nutrislice, Inc. Private and non-commercial uses permitted. This institution is an equal opportunity provider.